

SWIM WAVES & CAP COLOURS

WAVE	TIME	CATEGORY	GENDER	CAP COLOUR
WAVE 1	5:35 PM	DAVID MEADE SUPERCLASS	Male	YELLOW
WAVE 2	5:36:30 PM	DAVID MEADE SUPERCLASS	Female	GREEN
WAVE 2	5:36:30 PM	AQUABIKE	Male & Female	GREEN
AGE GROUP WAVES				
WAVE 3	6:05 PM	40-49 years	Male	BABY PINK
WAVE 3	6:05 PM	TEAMS	All Teams	BABY PINK
WAVE 4	6:06:30 PM	30-39 years	Male	ORANGE
WAVE 5	6:08 PM	20-29 years	Male	PINK
WAVE 5	6:08 PM	30-39 years	Female	PINK
WAVE 6 WAVE 6	6:09:30 PM 6:09:30 PM	50+ 60+	Male Female	SILVER SILVER
WAVE 7	6:11 PM	40-59 years	Female	WHITE
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WAVE 8	6:12:30 PM	U20	Male	BLUE
WAVE 8	6:12:30 PM	U30	Female	BLUE