

SWIM WAVES & CAP COLOURS

| WAVE | TIME | CATEGORY | GENDER | CAP COLOU | CAP COLOUR | |
|-------------|---------|----------------|--------|-------------------|------------|--|
| | | | | | | |
| 3KM EVENT | | | | | | |
| WAVE 1 | 9:30 AM | SUPERCLASS | Male | ORANGE | | |
| WAVE 1 | 9:30 AM | SUPERCLASS | Female | PINK | | |
| WAVE 2 | 9:32 AM | OPEN AGE GROUP | Male | GREEN & YELLOW | | |
| WAVE 3 | 9:33 AM | OPEN AGE GROUP | Female | BLUE | | |
| | | | | | | |
| 1.5KM EVENT | | | | | | |
| WAVE 1 | ~9:40AM | All AGE GROUPS | Male | SILVER | | |
| WAVE 1 | ~9:40AM | All AGE GROUPS | Female | WHITE | | |